



UPDATE ON THE COVID-19 DELTA VARIANT

August 9, 2021

Dear Participants, Families, and Caregivers,

The newer strain of COVID-19, the delta variant, is quickly spreading in Hawaii. Together, we can reduce the surge in new cases by learning more about the virus and acting to prevent spread.

The Centers for Disease Control and Prevention (CDC) provides trusted information about COVID-19. Linked below are recommendations from the CDC on how you can protect yourself and your loved ones.

[cdc.gov/coronavirus/2019-ncov/vaccines/keythingstoknow.html](https://www.cdc.gov/coronavirus/2019-ncov/vaccines/keythingstoknow.html)

Please consider:

- **Delta is Different** – the delta variant is more contagious and more dangerous
- **Get Vaccinated** – vaccines are safe, effective and the best way to protect ourselves
- **Prevent Spread** – remember to mask, social distance, avoid crowds, and sanitize
- **Get Informed** – ask your doctor or visit the [CDC website](https://www.cdc.gov) to answer your questions about the vaccines

Sincerely,

Mary Brogan
DDD Administrator

Ryan Lee, M.D.
DDD Medical Director

DO YOU NEED A COVID-19 TEST?

- Contact your healthcare provider.
- Visit Hawaii's COVID-19 website to find the latest location information on testing:
<https://hawaiiicovid19.com/testing-isolation-quarantine/>



READY FOR A VACCINE?

Start with ANY of the following:



Visit: [vaccines.gov/](https://www.vaccines.gov/)



Text: Your ZIP code to 438829



Call: Center for Disease Control & Prevention (CDC): 1-800-232-0233 (TTY 888-720-7489)



Visit: hawaiiicovid19.com/vaccine

DO YOU NEED HELP REGISTERING OR DO YOU WANT THE VACCINE BROUGHT TO YOU?

- If you are under age 65, or would like an in-home vaccination, call **(808) 586-8332** or **(833) 711-0645** for help scheduling an appointment.
- Available Monday – Friday from 7:45 a.m. – 4:30 p.m.
- Translators are available to be brought onto the line to assist in your language needs.
- If you are age 65 or older, call 2-1-1 to schedule an appointment and to access transportation services to and from your appointment

WHAT YOU NEED TO KNOW ABOUT THE COVID-19 VACCINE

For more information, please visit cdc.gov/coronavirus/2019-ncov/vaccines/keythingstoknow.html



DEVELOPMENTAL
DISABILITIES
DIVISION



1

COVID-19 vaccines are safe and effective at preventing COVID-19 disease, especially severe illness and death.

2

COVID-19 vaccines reduce the risk of people spreading the virus that causes COVID-19.

3

Vaccines are widely accessible in the United States and are available for everyone at no cost.

4

Many doctors' offices, retail pharmacies, hospitals, and clinics offer COVID-19 vaccinations.

5

You may have side effects after vaccination. These are normal and should go away in a few days.

6

It typically takes 2 weeks after vaccination for the body to build protection (immunity) against the virus that causes COVID-19. You are not fully vaccinated until 2 weeks after the second dose of a 2-dose vaccine or 2 weeks after a single-dose vaccine.

7

After you are fully vaccinated, you can resume most activities that you did before the pandemic. Learn more about what you can do when you have been fully vaccinated.