



# HEALTHY RELATIONSHIP AND SEXUALITY WORKSHOP FOR PARENTS/ADVOCATES

**DECEMBER 7, THURSDAY EVENING 5:00 - 7:30 ON ZOOM**

## *Why you should attend*

People with developmental disabilities are often left out of the conversation about sexuality, almost as if they do not have these thoughts, feelings, and needs. They, too, are sexual beings that need information and skills for making healthy decisions about sexuality.

## *Who should attend*

This workshop is for parents, guardians, of individuals who have a developmental disability that is 14 years of age or older. It will help you become more comfortable talking about this sensitive topic by discussing what needs to be taught when and how to help your loved one with a developmental disability to have safe and satisfying relationships.



Scan QR Code to Register or go to

<https://forms.gle/Wtbm1DEA5L61DSQC9>



**Parent Testimonies**  
*"I gained a more comfortable attitude towards talking about sexuality to my adolescent son."*

*"I like how the workshop breaks it down on every aspects of the topic. I like how it's very educational."*

### **CONTACT US**

Zosimo Arista, Program Specialist at [Zosimo.Arista@doh.hawaii.gov](mailto:Zosimo.Arista@doh.hawaii.gov)

Amelia Kyewich-Kaneholani, Program Specialist at [Amelia.Kyewich-Kaneholani@doh.hawaii.gov](mailto:Amelia.Kyewich-Kaneholani@doh.hawaii.gov)