Building Healthy Relationships Together

Online Relationship Training for Individuals with Developmental Disabilities

Why you should sign up

- · Learn about what makes a good friend
- Learn about different types of relationships (friends, family, romantic partners)
- Learn about what a healthy relationship looks like
- Learn how to know when a relationship is not right for you
- Learn about online safety



STARTS NOVEMBER 1, 2024

This is an online class you take on your own or with a direct support professional or natural support.

An email address is needed to sign up

Click here to Register
Or Scan the QR Code



CONTACT US IF YOU HAVE QUESTIONS OR IF YOU NEED SOMEONE TO SUPPORT YOU THROUGH THE COURSE

Zosimo Arista, Program Specialist at <u>Zosimo.Arista@doh.hawaii.gov</u> Amelia Kyewich-Kaneholani, Program Specialist at <u>Amelia.Kyewich-Kaneholani@doh.hawaii.gov</u>